

Tumwater Universal Screener for Social Emotional Learning (TUSSEL)

Purpose

In order to ensure a strong start to this school year, we are paying attention to the well-being of students and staff. The purpose of this survey is to learn more about how we can best support students with skills related to social emotional learning. You may opt out of answering any or all questions. Student responses are protected by federal student privacy laws.

Directions

Please respond to the statements below using the following scale.

Rarely or never

Sometimes

Often

Almost Always

Self Awareness

- I have at least one adult in my life I can turn to for support.
- I can describe and tell people how I am feeling.
- I have the ability to achieve my goals.

Self Management

- I adjust well to transitions and have the ability to adapt to changing situations and responsibilities.
- I can think of many ways to get things in life that are important to me.

Self Efficacy

- I work to achieve my short and long-term goals even when it is hard.
- I finish the work I am doing. My attention is good.
- I stay calm when facing a challenge.
- I speak up and ask for something that I need when necessary.

Social Awareness

- I understand the thoughts and feeling of others.

Social Management

- I can solve conflicts.
- I am able to let other people know my wants and needs.

Social Engagement

- I know how to work on a team.

Hope

- I feel excited about my future
- I have at least one friend my age I can turn to.
- I expect good things to happen to me
- I feel good about myself.