


# April Deli Specials 2019

*We have taken the opportunity with a limited schedule to have limited service and focus on quality training and competencies for the students. With less daily specials, we can ultimately train the students to create quality a la minute foods.*

<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>9 Welcome back from spring break! No special. Prepping fresh food!</p> 	<p>10 Falafel Gyro on a soft pita with cucumbers, feta, tomatoes and a tzatziki. Served with a Greek salad.</p>	<p>11 Carne Asada Tacos 3 street tacos stuffed with grilled spiced bavette steak, onions, lime and cilantro. Served with house fried chips, salsa, guacamole and homemade queso dip</p>	<p>12 Country Fried Steak, Mashers and Gravy, Country White Gravy and Lemon Butter Lima Beans</p>
<p>16 Nashville Hot Chicken Fried Chicken Salad – Spicy Nashville Style Hot Chicken, whole leaf romaine lettuce, bacon bits, tomato, cucumbers, croutons and a creamy blue cheese dressing. We can do the chicken mild or spicy.</p>	<p>17 Greek Shrimp – Large Shrimp broiled with lemon, herbs, garlic, spices, feta and tomatoes. Served with homemade buttered flatbread and a side salad</p>	<p>18 Pan Roasted Chinook Salmon, Toasted Faro Pilaf, Herbed Beurre Blanc and a roasted vegetable ratatouille \$7.00</p>	<p>19 Deli Closed For New Market Field Day</p>
<p>23 Southwest Grilled Chicken Salad – Organic Greens with roasted corn, petite tomatoes, avocado, mixed cheeses, black beans, cilantro, onions and crispy tortilla strips. Sauced with a chipotle crema and creamy avocado-lime dressing.</p>	<p>24 Meatloaf ‘Blue Plate Special’ Our special recipe meatloaf with house ground chuck, herbs and Italian Sausage. Mashed potatoes and gravy. Lemon grilled broccolini.</p>	<p>25 Tikka Masala - Classic Indian Roasted Chicken with Spices, Tomatoes and Yogurt. Served with Fresh Herbs, Steamed Basmati, Roasted Cauliflower &amp; House made Naan</p>	<p>26 Deli is Closed No PM - Professional Development</p>

**We now accept Cash, Checks and Cards!**

**~ 7299 New Market St Sw, Tumwater, WA 98501**

**Deli Line 360-570-4520**

**Tuesday through Friday 8:30 AM -1PM**