



Health Services

Tumwater School District Employee/Guest Health Screening
The Washington State Department of Health recommends employers use this guidance to screen staff and guests at the start of each shift or visit to prevent the spread of COVID-19.

Name: _____

Phone Number _____

Date: _____

1) Do you have any of the below symptoms that are not caused by another condition?

- Fever (100.4) or chills
- Cough
- Shortness of breath or difficulty breathing
- Unusual fatigue
- Muscle or body aches
- Headache
- Recent loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

YES _____ NO _____

2) Within the past 14 days, have you had contact with anyone that you know had COVID-19 or COVID-like symptoms? Contact is being 6 feet (2 meters) or closer for more than 15 minutes with a person, or having direct contact with fluids from a person with COVID-19 (for example, being coughed or sneezed on).

YES _____ NO _____

3) Have you had a positive COVID-19 test for active virus in the past 10 days?

YES _____ NO _____

4) Within the past 14 days, has a public health or medical professional told you to self-monitor, self-isolate, or self-quarantine because of concerns about COVID-19 infection?

YES _____ NO _____

If you answered yes to any of these questions, the Dept. of Health recommends following the guidelines listed below.

Please do not enter the workplace and notify your supervisor.
 Separate from other people and arrange a ride home or to a medical facility, if needed.
 Call your healthcare provider for further instructions, including about COVID-19 testing.
 Get tested for COVID-19, but no sooner than 48 hours after exposure.
 Quarantine at home or other site until 14 days after last exposure.
 Isolate at home or other site.
 Follow the advice provided by the public health or medical professional