

## **BLE Social Emotional Resources and Lessons During School Closure**

### **For staff:**

Maintaining Relationships During School Closure:

<https://www.edutopia.org/article/7-ways-maintain-relationships-during-your-school-closure>

Trauma Informed Approach to Teaching:

<https://www.tolerance.org/magazine/a-trauma-informed-approach-to-teaching-through-coronavirus?fbclid=IwAR0ruzQYYElmwO-Ubh8CqJfOaVjbbQKNm3V-kZHjID7HVOcZGNh-vJnu694>

CASEL resources (Collaborative for Academic, Social and Emotional Learning)

<https://casel.org/covid-resources/>

### **For parents:**

Talking to Children about Coronavirus (NASP)

[https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-\(coronavirus\)-a-parent-resource](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource)

Helping Children Cope (Mary Bridge Children's Hospital)

[https://www.tumwater.k12.wa.us/cms/lib/WA01001561/Centricity/Domain/4/3.12.20%20COVID-19\\_HelpingChildrenCope-FINAL.pdf](https://www.tumwater.k12.wa.us/cms/lib/WA01001561/Centricity/Domain/4/3.12.20%20COVID-19_HelpingChildrenCope-FINAL.pdf)

A Comic For Children

[https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus?utm\\_campaign=npr&utm\\_term=nprnews&utm\\_medium=social&utm\\_source=twitter.com](https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus?utm_campaign=npr&utm_term=nprnews&utm_medium=social&utm_source=twitter.com)

How to Cope with Stay at Home Order

<https://www.esd112.org/news/tips-and-resources-to-help-cope-with-staying-safe-and-healthy-at-home/>

Five Helpful Responses for Families (printables and webinars)

<https://consciousdiscipline.com/covid-19-five-helpful-responses-for-families/?fbclid=IwAR1MCrg4KPolQGwxZmvsS29zqkn79yl4d9JLxKTGQQNM5BNM91Dfk8J4R0U>

Parenting Tips and Resources during COVID Closure

[https://www.covid19parenting.com/?fbclid=IwAR1wHlfol-dIApTL7xzxQvV\\_AcuctBuMf\\_mPG2sgG7uyUsQr74HCRATBK0Q](https://www.covid19parenting.com/?fbclid=IwAR1wHlfol-dIApTL7xzxQvV_AcuctBuMf_mPG2sgG7uyUsQr74HCRATBK0Q)

An article on Parenting Kids with Special Needs during the School Closure

<https://people.com/parents/how-to-help-your-special-needs-child-get-the-most-out-of-home-school-during-coronavirus-isolation/>

Autism Speaks: (resources for families impacted by Autism)

<https://www.autismspeaks.org/covid-19-information-and-resources-families>

### **For Students:**

Prime Your Brain for Learning

<https://www.edutopia.org/article/activities-prime-brain-learning?fbclid=IwAR0tMfM1KQPaJgUG35tWeENG6legb5xIhfW8FhBa94VEPIMEmRF-fLlzw4U>

Brain Breaks/Teasers Videos

[https://www.kqed.org/mindshift/44971/three-brain-teasers-to-spur-logical-thinking-and-collaboration?fbclid=IwAR2tP8vlzCYXlpxptx\\_fyezHN0Wv6qMq4Yx979nVEOxSwkkKrxMTaBmmQU](https://www.kqed.org/mindshift/44971/three-brain-teasers-to-spur-logical-thinking-and-collaboration?fbclid=IwAR2tP8vlzCYXlpxptx_fyezHN0Wv6qMq4Yx979nVEOxSwkkKrxMTaBmmQU)

Free SEL Activities (Lessons, Activities and Printables)

[https://www.centervention.com/social-emotional-learning-activities/?fbclid=IwAR3WYd3xrC9xQWH\\_FDrRj4tzzsV-2VP-OKMYHJo0-InX\\_4m\\_qUyhfgRmBo](https://www.centervention.com/social-emotional-learning-activities/?fbclid=IwAR3WYd3xrC9xQWH_FDrRj4tzzsV-2VP-OKMYHJo0-InX_4m_qUyhfgRmBo)

Stay and Play: Activities to Build Social Emotional and Behavioral Skills at Home

<https://starr.org/wp-content/uploads/SOTW-Stay-and-Play.pdf>

Sanford Harmony at Home (Social Emotional Learning Resources)

<https://www.sanfordharmony.org/harmony-at-home/>