

PHYSICIAN MEDICAL EXAMINATION
MIDDLE SCHOOL

All athletes who wish to participate in interscholastic athletics must pass a physical examination by a licensed health provider prior to the first turnout. Students entering 7th or 9th grade or any student new to the District will need a complete sports physical. All other students will need an annual updated evaluation reviewing their medical history since their last examination. The physician’s examination form must be on file in the office. Doctors may require a full physical based on an athlete’s needs.

I examined _____ on _____
Please Print Student Name Date

and find him/her physically fit and able to participate in interscholastic activities that are provided by the Tumwater School District

With no limitations; or

With limitations as follows:

Licensed Health Provider Signature

Date

REQUIRED INFORMATION FOR WRESTLERS

MEDICAL REQUIREMENT FOR WRESTLERS ONLY!!!!

I recommend that the student designated above should not be allowed to wrestle at any weight LESS than the weight range circled:

75-81	82-86	87-91	97-101	102-106
107-111	112-116	117-121	122-127	128-133
134-141	142-151	152-160	161-172	Other